Studio name _____

Riding lesson waiver

Please read this before your first lesson. It takes about three minutes, and you sign it once a year.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Phone

Email

Home address
Street address

City, state, ZIP

Emergency contact (someone who isn't riding with you)

Your riding experience

☐ I've never ridden ☐ A few rides, still learning the basics ☐ Comfortable at a walk and trot

☐ Comfortable at a canter, in an arena or on trails ☐ Experienced: I ride often and handle most horses

Your height

Your weight

Health and emergencies

These answers help staff in an emergency and help the barn match each rider with a suitable horse. They aren't medical advice; ask your doctor if you're unsure whether riding is right for you.

Do you have a health condition staff should know about in an emergency, such as seizures, diabetes, asthma, a heart condition or a past head injury?

☐ Yes ☐ No

What is it, and what should staff do?

Have you had a concussion, a broken bone or surgery in the last 12 months?

☐ Yes ☐ No

Tell us what happened and when.

Are you allergic to anything, such as bee stings, horses, hay, dust or a medicine?

☐ Yes ☐ No

What are you allergic to, and do you carry medicine for it?

Do you take a medicine that could affect your balance, alertness or bleeding?

☐ Yes ☐ No

Which ones?

Are you pregnant?

☐ Yes ☐ No

About when was your last tetanus shot? A best guess is fine. (MM/DD/YYYY)

Doctor's name and phone (optional)

Health insurance company (optional)

What you agree to

Horses can be unpredictable

I understand horses are large, strong animals with minds of their own. Even a calm, well-trained horse can kick, bite, buck, rear, spook, stumble or bolt without warning, and a rider can fall or be thrown, stepped on or crushed.

Initials

Ground, weather and other riders

I understand footing, weather, other animals, equipment and other riders can also cause a fall or an injury, and some risk remains however careful everyone is.

Initials

On the ground, too

I understand the same risks apply when grooming, leading, tacking up or standing near horses, not only when riding.

Initials _____

Helmet and boots

I'll wear a properly fitted, fastened riding helmet that meets ASTM F1163 and carries SEI certification whenever I'm on a horse, and boots or shoes with a heel. The barn may refuse a ride without them.

Initials _____

Following instructions

I'll follow the instructor's directions and the barn's safety rules, and I'll speak up if I'm uncomfortable with a horse or an exercise. Staff may end a ride at any time for safety.

Initials _____

My experience and size

I've described my riding experience, height and weight honestly, so the barn can match me with a suitable horse.

Initials _____

Emergency care

If I'm hurt and can't decide for myself, staff may call emergency services and arrange for medical care. I'm responsible for the cost of that care.

Initials _____

I choose to ride

I take part by choice and accept these risks. To the extent the law allows, I release the barn, its owners, instructors, staff and volunteers from claims for injury that results from the inherent risks of riding and being around horses.

Initials _____

My answers

My answers are true and complete, and I'll tell the barn if my health changes before a ride.

Initials _____

Photos at the barn

Lesson policy

Your lesson time is held for you. To cancel or move a lesson, tell the barn at least 24 hours ahead; a lesson missed without that notice counts as taken. Lessons may move for weather or footing.

Initials _____

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature _____ **Date** _____

Printed name _____

For the barn (For the studio)

Horse assigned

Instructor or guide

Helmet fit checked before mounting

☐ Yes ☐ No

Lesson level or group

Anything that came up

Where your state sets an equine activity warning, add its exact text to this form. Each state's warning is on horse-barn.greatwork.company/equine-liability.