Studio name _____

Participant consent and medical information

For adult participants who sign for themselves. It takes about five minutes, and it's updated once a year.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Phone

Email

Home address
Street address

City, state, ZIP

Emergency contact

Caregiver or aide who comes to sessions (if any)

Your health

Instructors use these answers to plan safe sessions, choose a horse and equipment, and know what to do in an emergency. Only staff working with the participant see them.

What should the instructor know about your health, diagnosis or disability to keep sessions safe?

Participant consent and medical information

Do you have seizures?

☐ Yes ☐ No

When was the last one, and what should staff do if one happens?

How do you get around?

☐ Walks without help ☐ Uses a cane, crutches or a walker ☐ Uses a wheelchair

☐ Needs help to transfer or stand

Do you have a condition of the spine, neck or hips, or a shunt, rod or other implant?

☐ Yes ☐ No

Tell us more.

Are you allergic to anything, such as bee stings, horses, hay, dust or a medicine?

☐ Yes ☐ No

What, and is there medicine to carry?

Do you take medicines staff should know about?

☐ Yes ☐ No

Which ones, and when?

How do you communicate best, and what helps if you're upset or overwhelmed?

Anything about sound, touch, light or movement that staff should know?

Your height

Your weight

Health care provider statement, if the center asked for one

Attach a copy to this form

Doctor's name and phone

What you agree to

What sessions are
Sessions are riding and horsemanship activities adapted to each participant. They aren't medical treatment and don't replace care from the participant's own doctors and therapists.

Initials

Horses can be unpredictable
I understand horses are large, strong animals with minds of their own. Even a calm, well-trained horse can kick, bite, buck, rear, spook, stumble or bolt without warning, and a rider can fall or be thrown, stepped on or crushed.

Initials

On the ground, too
I understand the same risks apply when grooming, leading, tacking up or standing near horses, not only when riding.

Initials

Hands-on help
Instructors and trained volunteers may hold, steady or lift the participant to mount, stay balanced or get down, and walk beside the horse during the session.

Initials

Helmet and boots
I'll wear a properly fitted, fastened riding helmet that meets ASTM F1163 and carries SEI certification whenever I'm on a horse, and boots or shoes with a heel. The barn may refuse a ride without them.

Initials

Following instructions
I'll follow the instructor's directions and the barn's safety rules, and I'll speak up if I'm uncomfortable with a horse or an exercise. Staff may end a ride at any time for safety.

Initials

Emergency care
If I'm hurt and can't decide for myself, staff may call emergency services and arrange for medical care. I'm responsible for the cost of that care.

Initials

Keeping this current
I'll tell the center about any new diagnosis, surgery, seizure, medicine or change in health before the next session, and update this form each year.

Participant consent and medical information

Initials

I choose to ride

I take part by choice and accept these risks. To the extent the law allows, I release the center, its owners, instructors, staff and volunteers from claims for injury that results from the inherent risks of riding and being around horses.

Initials

My answers

My answers are true and complete, and I'll tell the barn if my health changes before a ride.

Initials

Photos at the barn

Session policy

Session times are held for each participant. Tell the center at least 24 hours ahead to cancel or move a session; sessions may be called off for weather, footing or a horse's health.

Initials

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature

Date

Printed name

For the barn (For the studio)

Horse assigned

Instructor or guide

Helmet fit checked before mounting

☐ Yes ☐ No

Leader and sidewalkers

Saddle, pad and adaptive equipment used

Anything that came up

Where your state sets an equine activity warning, add its exact text to this form. Each state's warning is on horse-barn.greatwork.company/equine-liability.